PRO AMINO 12500

PRODUCT DESCRIPTION

The requirement for peptides and amino acids is the greatest right after the training. In comparison with traditional shakes, the handy drinking ampoules have the advantage that they are quicker metabolised thanks to their chemical structure, and they deliver immediately micropeptides and amino acids needed by the body for the muscle constitution.

Peptides from whey protein hydrolysate like used in Amino 12500 are absorbed quicker and better by the body than intact proteins or free amino acids, thus helping a lasting muscle growth.

Arginine contributes to an early regeneration and to the nitrogen formation as substrate, while ornithine plays an essential role in dismantling ammonia which is an end product of the protein metabolism.

ADVANTAGES

- Maximum dosage of 12500 mg of amino acids per drinking ampoule of 25 ml, among which
  - 1100 mg BCAA
  - 2000 mg L-ornithine
  - 2000 mg L-arginine
- enriched with vitamins B6 and pantothenic acids
- practical and handy

UTILISATION

Daily 1 ampoule right before or after training.

FLAVOUR

CHERRY

INGREDIENTS

Water, whey protein hydrolysate, fructose, L-ornithine hydrochloride, L-arginine hydrochloride, glycine, sour cherries juice concentrate, citric acid, flavour, potassium sorbate, sweeteners, pantothenic acid, vitamin B6.

NUTRITION FACTS

nutrition facts**	per 100 ml			per ampoule (25 ml)
energy kJ (kcal)	1223 (288)			306 (72)
proteins	50 g			12.5 g
carbohydrates	18.3 g			4.6 g
fat	0.1 g			<0.1 g
vitamins **	**per 100 ml**	**%RDA***	**per ampoule (25 ml)**	**%RDA***
pantothenic acid	24 mg	400%	6 mg	100%
B6	8 mg	400%	2 mg	100%

* RDA = Recommended Daily Allowance
** average value

amino acids (per 25 ml)**		
essential	histidine	111 mg
	isoleucine	324 mg
	leucine	470 mg
	lysine	551 mg
	methionine + cysteine	227 mg
	phenylalanine + tyrosine	237 mg
	threonine	415 mg
	tryptophane	51 mg
	valine	303 mg
non-essentials	alanine	263 mg
	arginine	2000 mg
	aspartic acid	637 mg
	glutamic acid	1087 mg
	glycine	951 mg
	proline	364 mg
	serine	313 mg
	ornithine	2000 mg

PACKAGING/CONTENTS

Display of 30 x 25 ml